

Strengthening Multi-Ethnic Families and Communities

The Strengthening Multi-Ethnic Families and Communities: A Violence Prevention Parent Training Program uniquely and creatively empowers parents with the practices and values that specifically address violence against self (alcohol/drugs, depression/suicide), violence in the family (child abuse, domestic violence), and violence in the community (juvenile delinquency, crime, gangs). The curriculum includes five major components: cultural/ spiritual focus, rites of passage, positive discipline, enhancing relationships and community involvement. The 12 week program is for parents of children ages of three to eighteen years of age.

Projecto R.E.G.A.L.O.S. Raising Every Generation to Attain Lasting Opportunities for Success

Program Purpose: Projecto R.E.G.A.L.O.S. focuses on increasing parent knowledge and understanding of the serious risks and public health problems caused by the abuse of alcohol and controlled substances and increase parent pro-social involvement in the community.

Projecto R.E.G.A.L.O.S. strives to achieve the ultimate goal of lowering substance abuse through three strategies:

- Strengthening Multi-Ethnic Families and Communities
- The parent pledge/platicas
- Create a parent advocacy group to support the community in this vision

Funding made possible through a contract with Arizona Youth Partnership from a grant made by the Arizona Parents Commission on Drug Education and Prevention.



ARIZONA
PARENTS COMMISSION
ON DRUG EDUCATION
AND PREVENTION



Arizona Youth
Partnership



Flowing Wells
Extension Programs, Inc.



Pima County
Public Library

Possible Locations

Homer Davis Elementary
Walter Douglas Elementary
Laguna Elementary

Tentative Schedule

January-April
13 classes
Tuesday/Thursday
Evening classes

680 W. Prince Road, Suite 110
Tucson, Arizona 85705
Tel 520.882.8777
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www.amistadesinc.org



Projecto R.E.G.A.L.O.S.

Strengthening Multi-Ethnic Families and Communities



PARENT REGISTRATION FORM

(to be completed by staff person before/after parent attends class sessions)

Date _____ Location _____

Name _____ Home Phone: _____

Address: _____ Work Phone: _____

INITIALS _____ AGE _____ BIRTHDATE _____ SEX _____

Ethnic Background: How long in country (if 1st or 2nd generation?) _____ Years

Major Ethnic Roots: _____

Other Ethnic Roots: _____

Is your first language English? _____ Yes _____ No If not, what? _____

Have you ever taken a parent education class before? _____ Yes _____ No

Number in Household:

_____ children (0-2 years) _____ children (3-18 years) _____ adults (19 years and older)

What is your current parenting status or relationship to the child?

- | | |
|---|---|
| <input type="checkbox"/> Two parent family | <input type="checkbox"/> Foster Parent |
| <input type="checkbox"/> Single Parent | <input type="checkbox"/> Step Parent |
| <input type="checkbox"/> Grandparent | <input type="checkbox"/> Relative/Family Friend |
| <input type="checkbox"/> Non-Custodial Parent | <input type="checkbox"/> Educator/Advocate |
| <input type="checkbox"/> Other (Please Specify) _____ | |

What is your household income level (per year):

_____ under \$5,000 _____ \$5,000-\$10,000 _____ \$10,000-\$20,000 _____ \$20,000-\$45,000 _____ Over \$45,000

Highest grade completed:

_____ 1st-7th grade _____ 8th grade _____ 12th grade _____ some college _____ college degree

Why are you taking this class?

(check all that apply)

- Become a better parent
- Having problems with children
- Court Ordered
- Learn about drugs/violence

How did you hear about the class?

(check all that apply)

- Flyers/Announcements
- Friend/Relative
- Agency Referral/Court Ordered
- Newspaper/Radio

Why Participate?

- This class will provide parents with information that will empower them to provide parenting options.
- We will support parents in understanding and utilizing the “Process of Discipline” to create guidelines for modeling and teaching respectful behavior to enhance parent’s ability to “respond” as opposed to “react” to disrespectful behavior.
- Connect parents to healthy aspects of their childhood.
- Present information within a “cultural framework” that validates and acknowledges different cultural learning styles, values and experiences.



Amistades, Inc. is a non-profit, 501 (c) (3) community development and substance abuse prevention organization serving the growing Latino population in Tucson and Pima County. The mission of Amistades is to provide culturally competent leadership in the prevention of alcohol, tobacco, and other substance abuse problems affecting Latino youth, families, and elderly.

Prevention and Cultural Competence

Please return completed registration forms via mail, fax, or in person.

Contact: Gabriela Mohr, Parenting Prevention Specialist
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Cell 520-979-6302

